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COMPETITION FOR BEST RETREATS, COURSES & ECO-STAYS

After successfully launching our kitesurfing platform in 2014 and paragliding platform in 2016, we got another idea—an idea about a platform of curated wellbeing retreats and experiences that are deeply nourishing not only for our bodies but our minds, too.

As opposed to what seems the majority of other similar platforms are doing, we're committed to putting quality over quantity, always. We're not interested in thousands of listings but instead in only high-quality ones that put nature, fair work and sustainable practices in their forefront.

We want this platform to be, well, perfect. We know we've put ourselves to an *almost* impossible task, which is why we need your help. While we know what makes our heart sing and what we wish to include on the platform, we're interested in your opinion as well as the opinion of other yogis, travellers and explorers. Therefore we are announcing an open competition for the first 24 offers that include some of the most unique wellbeing experiences worldwide and online as well as eco-stays around the world.

The global community is invited to vote for the best retreats, courses and eco-stays, and the ones with enough support will get offered on *nourish* once it launches in February 2021. Everyone who will vote will also get the chance to win one of the five \$100 trip vouchers to join a wellbeing experience of their choice.

Vote for your favourite wellbeing retreats, courses & eco-stays and win trip vouchers here:
<https://nourish.bstoked.net/vote>

As part of the competition, we have received some amazing wellbeing experiences ranging from yoga and culinary retreats, cacao ceremony courses, yoga teacher trainings, to

Sanskrit courses and unique eco accommodations. Now the global community has the opportunity to decide which experiences they like most and set new trends. The public will get the chance to join the most successful experiences through www.nourish.bstoked.net soon after voting closes.

Access to the voting page: <https://nourish.bstoked.net/vote>

The voting closes on **31st of January 2021!**

About nourish

nourish is a curated retreat platform that makes it easy to find and book your next wellbeing experience, whether it's a yoga retreat, Ayurveda immersion, herbalism or healthy cuisine courses, or a simple immersion in nature while staying at an eco-accommodation. We strive toward offering sustainable options to reduce our impact on the environment and nourish not only ourselves but the planet as well. We offer only a selection of the best retreats, courses and eco stays while minimising your planning, costs and risks, making sure your next adventure is unforgettable. Our experiences will continue to evolve and change in collaboration with our community and its needs.

*Proposal for social media posts:

»Vote for your favourite retreats, courses and eco-stays! And the best part? You might just win one of the coupons to use on our new platform when it goes live! Voting closes on January 31st.«

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